

Please pray for

- David and Geraldine Hancock, faithful servants of this church, who are grieving for the recent loss of their son Terry.
- Doreen Fursman, recovering from a hip replacement operation
- Paul Bailey, very poorly at present.
- *Creation Fest* taking place in Wadebridge 4-10 August

If you would like to be included in this list, or know of someone who needs prayer, please let the office know.

Evening Services

Begin again next Sunday, 12th August. There will continue to be an informal format and an emphasis on prayer, with the addition of a Bible message.

New Pastor Jim Hillier

Thank you for your prayers for the interview process which has all gone well. We were blessed with the quality of our candidates, but the final decision was unanimous. The post has been offered to Jim Hillier, and he has accepted. Jim is currently serving as a police officer in Wales. You can see a video clip of him on <http://www.youtube.com/watch?v=ebE4XVDOxgM>.



He is due to take up the post at the beginning of November. We are so grateful to Christopher Delbridge and the rest of the selection team for all the hard work they put in. We are excited about the future, but let's not because of that slacken off in our prayers: We still need God to equip us, to fire us up and to send us out!

Following Jesus together...

Dear Church,



I hope you have been enjoying watching the Olympics. I have great admiration for the dedication of these athletes who have focused huge effort and energy into their training over a period of years leading up to the games. They have sacrificed a great deal in order to be physically at their peak at just the right time. In the elation of winning a medal they say things like "It was worth it!" When they lose the disappointment is sometimes written all over their faces, no matter what they say. They may count it a privilege to take part, but there can be no doubt that for them taking part is not enough: they are in it to win! Athletic contests were a regular part of life in Greek and Roman times, and Paul the apostle often uses them as examples in his letters. His readers would have been used to seeing athletes in training. In 1 Corinthians 9v24-27 he tells them to run the race of life so as to win. Then, as now, strict training was the key to success in the contests. It meant working hard, saying no to all kinds of distractions and entertainments and staying focused on their goal. What about us? Are we saying no to things that will hinder us in our training to run the race with Jesus? Paul told Timothy "Train yourself to be godly." Energy, effort, determination and focus are required to run this race. The prize in the Greek games was a wreath of pine leaves. Nowadays it is a gold medal. Both symbolize recognition and glory in this world. Our prize is glory in the world to come. Even gold will eventually perish. The greatest medal winners will one day be forgotten. But our prize is imperishable. It will never fade away. One day we shall say, just like the medal winners of today "It was worth it!" Let's run to win!

...let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Hebrews 12v1-2(ESV)

Yours in Christ,
Ian Thompson (Acting pastor)

Following Jesus together...

Alpha in the autumn

Following the very successful Alpha course last year, we are running it again this autumn on Sunday evenings, beginning 9th September. If you would like to help in any way, please contact Ian at the office or at home on 01579 342505, or e-mail ian.thompson7@gmail.com



UBM (United Beach Missions)

UBM teams have arrived and are here for 3 weeks, until 11th August. They are staying in the church and working in Looe. Please make them welcome and support them in prayer and in any way you can.

The team will be using the kitchen to prepare meals, so there will be no tea or coffee after the service and no meal after church on 5th August.

Evening services will be suspended during their visit. They will resume on Sunday 12th August.

Following Jesus together...

Church picnic, Sunday 5th August: There will be a church picnic today instead of the usual meal in church at the picnic area in Cardinham Woods. BBQ facilities are available on a first come, first served basis. Parking costs £2 for up to 2 hours or £3 over 2 hours. If it is wet we will picnic under the awning at church!

Care & Coffee Third Tuesday of the Month. Next Dates are August 15th at 12.30 for a bring and share picnic and September 19th. Contact Rose Crago 01503 240747 to confirm your place or for more details.

Thursday 7.30pm PRAYER in the office. We want to see God working in power to change lives; we know He moves in answer to prayer: so we need to pray! Come and join us on Thursday evenings.

Helpers required for creche / toddlers group from September - ages 1-3, please speak to Sarah Luker or call 01579 348831, any help would be much appreciated by many Mums and Dads!

Women's Bible Study and Fellowship: will be taking a break in August. Further details from Chris Tipper, 01579 320804.

More volunteers needed for the Refreshment Rota on Sunday Mornings
Vacancies have arisen on Week 2 and Week 3 of the month and new volunteers are needed immediately to cover these weeks. Please contact Pippa 01503 262766 or philipparead@hotmail.co.uk if you are able to help. Thank you.

Reading the Bible aloud, Wed 22 August, 9am – 5pm in St. Nicholas Church, West Looe. Come along to read or just listen. For information contact Carol Mentis 01503 265970 or carolyn.mentis@btopenworld.com

Prayer meetings Monday 6.30am and Thursday 1.30pm are continuing, but in the home of Hilary and Maureen in Liskeard. Contact them on 01579 343931 for more details.

Following Jesus together...